

## TIME

**Pocket Card** 





## **Time - 1**<sup>st</sup> **10 Tips**



- Value your time
- Your priorities drive everything
- Overuse your calendar limit the free space
- Be a time blocking specialist
- Practice saying NO, often
- No one steals your PEAK time
- Lead with shorter appointments
- Break the back-to-back mentality
- Utilise down time
- Share your time commitments



